

SWIMMING LESSONS

SKILLS FOR LIFE

Anywhere there is water, there is a risk for drowning! Children and adults can learn to be safer in and around the water with water safety education and swimming lessons.

SWIMMING STATISTICS

- 54% of Americans can't swim well enough to save themselves.
- About 1 in 5 people who die of drowning are under the age of 14.
- Almost 80% of people who die from drowning are male.
- 88% of child drownings happen in the presence of at least one adult, according to [Stop Drowning Now](#), a swimming educational platform.
- Drowning is the leading cause of death for children in the United States.
- TEN people drown in the U.S. each day



Aquatic Centers and Facilities

GIFFORD AQUATIC CENTER

4895 43rd Avenue, Vero Beach, FL 32967
772-226-1175

NORTH COUNTY AQUATIC CENTER

9450 CR 512 Sebastian, FL
(772) 226-1752

Website: www.IRCREC.com/pools

LEISURE SQUARE/ BOLT AQUATICS

(772) 202-2152 or email: boltaquatics@gmail.com

Website: www.boltaquatics.com

Red Cross Water Safety Instruction's Learn to Swim program:

Price per class is \$10, \$15, & \$20 per 30 -minute class.

CHRISTI'S FITNESS

1250 Old Dixie Hwy, Vero Beach, FL 32960
772-563-0905

VERO FITNESS

1060 6th Ave, Vero Beach, FL 32960
772-567-1400

info@verofitness.fit

ALL IT TAKES IS
2" OF WATER
FOR 2 MINUTES

PLACES WHERE CHILDREN DROWN

- Sea, Lakes,
- Streams
- Swimming pools
- Wells, Cisterns
- Buckets
- Bathtubs, Spas
- Garden ponds

Water safety education and swimming lessons play such an important role in saving lives!